

From the 15<sup>th</sup> of April you will see a change to the Centres hours.

#### Monday

Clinic Hours: 7.30am – 7.30pm Phone Hours: 8am – 7.30pm

#### <u>Tuesday</u>

Clinic Hours: 7.30am – 5pm Phone Hours: 8am – 5.30pm

#### Wednesday and Thursday

Clinic Hours: 7.30am – 6pm Phone Hours: 8am – 6pm

#### Friday

Clinic Hours: 7.30am – 5pm Phone Hours: 8am – 5.30pm

Please note the 7.30am-8am clinic hours are for booked patients only. In a Medical Emergency call 111

We will keep patients updated if there are any further changes to these hours.



## **NEWSLETTER APRIL 2024**

Kia Ora,

We hope this newsletter finds you all well. The month of March was full of changes! We appreciate everyone's understanding and patience during this time as we have implemented new policies and had a system upgrade which had resulted in the centre and its applications being unavailable for a period of time. These changes and steps were essential in ensuring progression and business as usual at the Centre.

Kind Regards The Doctors Silverstream

"Growth is a spiral process, doubling back on itself, reassessing and regrouping." – Julia Margaret Cameron

# Goodbye Dr Elya

The Centre would like to inform patients that Dr Salwan Elya is leaving the Centre as he and his family are moving overseas. We are very excited for Salwan but very sad to see him go. Salwan has been a big part of the centre since 2021 and has had a big impact with his patients.

Goodluck for the future Salwan (3)

Salwans patients will be looked after in-house until the start of our new GP Dr Laure Bosschaert who will be joining us around the end of May. We also have Dr Claire Mercer starting in September. More information on these new Doctors to come.



"Celebrate endings – For they precede new beginnings." –
Jonathan Lockwood Huie



#### **FAREWELL**

Sadly, the Team says goodbye to our Reception superstar Sharon Skelton (2) Sharon has been with the Centre for 12 years; her bright bubbly personality will be missed by all.

We wish her all the best for the future (3)



#### **ANZAC Day 2024**

ANZAC Day stands for Australian and New Zealand Army Corps. The 25<sup>th</sup> of April marks the day we landed on Gallipoli soil for major Military action during World War 1 in 1915. Annually New Zealand and Australia remember those who fought and died at Gallipoli.



There is an ANZAC Day Dawn Service held in Upper Hutt annually on the 25<sup>th</sup> of April, this year it falls on a Thursday.

#### Dawn Service Timeline

- 5.30AM Dawn Parade assembles at Queen Street
- 5.45AM March begins

The March heads down Pine Ave, along Main St, down Wilson St to The Upper Hutt Civic Centre.

- 6.00AM Service of dedication
- 11.00AM Memorial Service at St John's Church.

### The Ode

They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun, and in the morning, we will remember them. We will remember them.



"We remember and thank all those who made the ultimate sacrifice for our freedom and country on this ANZAC Day."



#### **OTHER MONTH EVENTS**

- -1st April Easter Monday (CENTRE CLOSED)
- -2<sup>nd</sup> April World Autism Awareness Day
- -7<sup>th</sup> April World Health Day -Daylight saving ends ⊕
- -17<sup>th</sup> April World Hemophilia Day
- -22<sup>nd</sup> April World Earth Day
- -24<sup>th</sup> April World Immunisation Week
- -25<sup>th</sup> April ANZAC Day (CENTRE CLOSED)
- -28<sup>th</sup> April World Day of Safety and Health at Work



# Flu Season 2024

The Doctors Silverstream will be offering Influenza vaccines from the 2nd April 2024.

This year the clinics will be run from our second Waiting Room area.

We will be sending Flu invites out via text message in batches every business day from Monday 26th March.

Patients that do not have a cell phone will be contacted via phone where possible.

We are inviting patients in batches to manage our supply of vaccines against our appointment availability and staff resource.

At your appointment time, you will need to make your way to the second Waiting Room at the back of the practice building.

We encourage you to bring another person with you to your appointment as this may mean a shorter wait time for you post vaccination, ideally to wait in a car outside if you have driven here.

Reminder to please be on time for your appointment as the clinics will be very busy.

PLEASE NOTE we are unable to accept vouchers for GXH Unichem or Life Pharmacy, you will need to redeem these at your local pharmacy.

Please see the link below for information on people who are eligible for a funded flu vaccine

https://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/influenza/flu-influenza-vaccines/getting-flu-vaccine or

https://www.immunise.health.nz/



#### Contact us

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